**UQ Summer Research Project Description**

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| **Project title:** | **Factors Associated with Mental Wellbeing in First Nations Adolescents Enrolled in a Community Co-Designed Sleep Intervention** |
| **Project duration, hours of engagement & delivery mode** | 6 weeks, 22-30 hours/week, on-site at UQ Poche Centre for Indigenous Health except by negotiation with supervisor. |
| **Description:** | Adolescence is a key period for physical, social, and emotional development. Mental health and wellbeing in this critical time will be moderated by a range of biological, psychological, social, cultural, and spiritual factors. This project aims to describe factors associated with good mental health outcomes in a sample of First Nations adolescents who participated in the pilot of a community co-designed and delivered sleep programme. Factors associated with good mental health will be explored from a quantitative approach, which may include parametric and non-parametric null hypothesis testing, calculation of effect sizes, modelling of interactions and multiple regression. |
| **Expected outcomes and deliverables:** | The student will gain experience in analysing and reporting on mental health data in First Nations adolescents from a positive outcome/strengths-based approach. It is expected that the student will develop their skills in summarising and integrating existing literature with the present project findings and prepare a brief research report by the end of the project. |
| **Suitable for:** | This project is suitable for a third-year or higher undergraduate with a major/minor in psychology or a related area **and** who has some experience in working in or conducting First Nations health research. Rudimentary understanding of quantitative statistical methods are essential. |
| **Primary Supervisor:** | Dr Dan Sullivan, Research Fellow – UQ Poche Centre for Indigenous Health |
| **Further info:** | Dr Dan Sullivan  E: [Daniel.sullivan@uq.edu.au](mailto:Daniel.sullivan@uq.edu.au) |